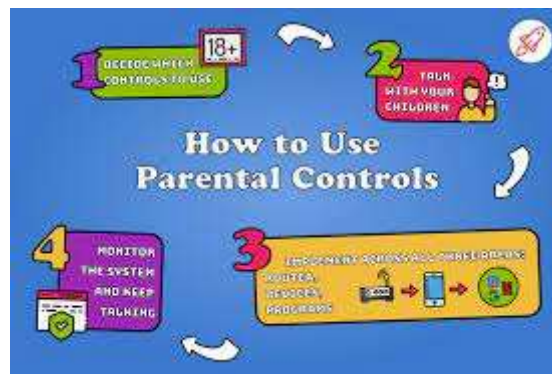


Online safety News

Setting up Parental controls



What are parental controls?

Parental controls help you to block or filter upsetting or inappropriate content, and control purchases within apps. You can install parental control software on your child's and family's phones or tablets, games consoles, laptops and your home internet.

Parental controls can help you to:

- plan what time of day your child can go online and how long for
- create content filters to block apps that may have [inappropriate content](#)
- manage the content different family members can see.



Watch this video on how to turn on parental controls offered through BT

<https://www.saferinternet.org.uk/advice-centre/parents-and-carers/parental-controls/how-set-parental-controls-offered-bt>

Watch this video on how to turn on parental controls offered through Sky

<https://www.saferinternet.org.uk/advice-centre/parents-and-carers/parental-controls/how-set-parental-controls-offered-sky>

Watch this video on how to turn on parental controls offered through Virgin Media

<https://www.saferinternet.org.uk/advice-centre/parents-and-carers/parental-controls/how-set-parental-controls-offered-virgin-media>

Watch this video on how to set up parental controls on PS4

<https://www.youtube.com/watch?v=Z-Mi2Ej72Fk>

Watch this video on how to set up parental controls on a I-pad

<https://www.youtube.com/watch?v= fi6fQUkIK4>